

# LIFTGEAR White Paper - Version 1.1 (2025)

## Introduction

LIFTGEAR is where fitness meets blockchain. We're building a decentralized ecosystem that rewards real-world effort - every rep, every step, and every goal translates into digital value. Whether you're in the gym or on the go, your grind earns gains through LFG tokens.

## Mission Statement

Our mission is to connect physical fitness and financial empowerment through blockchain innovation. We're fostering a global community built around health, strength, and ownership - powered by decentralized rewards, NFT achievements, and community-driven tools.

## About the Project

LIFTGEAR isn't just another crypto. It's built by a small, dedicated team focused on making something real - not hype, not a rug pull. We're learning, building, and grinding just like the people we aim to serve.

This project is for real people who value hard work, health, and ownership. Our goal is to grow something meaningful on the XRP Ledger: a token you can trust, backed by a brand that believes in long-term value and transparency.

We don't promise moonshots - we promise movement.

## Token Overview

Token Name: LIFTGEAR

Symbol: LFG

Blockchain: XRP Ledger (XRPL)

Total Supply: 50,000,000,000 LFG

Issuer Wallet: (to be updated as needed)

## Token Utility

**Earn-to-Train (Coming Soon):** Users will be able to earn LFG tokens by tracking workouts and activity through the upcoming Liftgear fitness app.

**Buy or Hold:** LFG tokens will be available to early adopters ahead of the app launch - giving supporters a chance to load up before full utility goes live.

**NFT Rewards:** Fitness achievements will unlock exclusive NFT collectibles once the app is integrated.

**Drops & Merch:** Token holders will get priority access to future airdrops and branded fitness merchandise.

**Governance:** LFG tokens will eventually be used for community voting on features, NFT drops, and project direction.

## **Roadmap (Flexible & Evolving)**

- Launch of official website and token infrastructure
- Development of step-tracking app with Liftgear token integration
- NFT drops tied to fitness milestones
- Branded merch and limited airdrops
- Future governance and community tools

Note: This roadmap reflects current goals. Features will roll out as development progresses.

## **Vision**

LIFTGEAR envisions a world where fitness isn't just personal - it's tokenized. Through blockchain and community innovation, we turn discipline into digital equity. Train hard, earn harder.

## **Contact**

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Powered by the XRP Ledger